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### PATIENT DISCLOSURE INSTRUCTIONS

In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses and disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communications or that a communication of PHI be made by alternative means, such as sending correspondence to the individual's office instead of the individual's home.

I wish to be contacted in the following manner (*check all that apply*):

- |  |   |
|--|---|
| <p><input type="checkbox"/> Home Telephone _____</p> <p style="margin-left: 20px;"><input type="checkbox"/> O.K. to leave message with detailed information<br/><input type="checkbox"/> Leave message with call-back number only</p> <p><input type="checkbox"/> Cell Phone _____</p> <p><input type="checkbox"/> Work Telephone _____</p> <p style="margin-left: 20px;"><input type="checkbox"/> O.K. to leave message with detailed information<br/><input type="checkbox"/> Leave message with call-back number only</p> | <p><input type="checkbox"/> Written Communication</p> <p style="margin-left: 20px;"><input type="checkbox"/> O.K. to mail to my home address<br/><input type="checkbox"/> O.K. to mail to my work/office address<br/><input type="checkbox"/> O.K. to fax to number indicated<br/><input type="checkbox"/> O.K. to email:</p> <p>Email Address _____</p> <p><input type="checkbox"/> Other (Fax etc.) _____</p> |
|--|---|

I allow you to give my clinical information to or answer questions from (*check all that apply*):

- Spouse  
 Parent  
 Child  
 Other (specify): \_\_\_\_\_  
 None

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Birth date